



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25

FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review



Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

Attention: All Students

Assigned Flex – Thursday, November 14th

Thursday, Nov. 14 will be an assigned flex to begin working on this year's first self-reflection and assessment assignment.

Students will remain in their block 2 classes or go to the library if they do not have a block 2 class. More information will be provided on Thursday.

WET PAINT

The visual arts class is painting the Port Moody Street Banners in the hallway by the art room 214, back entrance area. The temporary easel setup will be done by November 28th. Thank you for your understanding and patience. Please feel free to check us out as each banner transforms a little a day.

Please be aware of WET PAINT



International/ELL Student



Date: 12th December

Time: 8:30 AM - 3:30 PM

Activities: Granville Island, Cruise

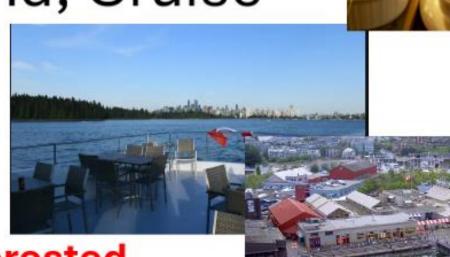
PLUS Holiday Buffet lunch

Cost: \$50

Limited spots available

Please see Ms. Lee (Room 245)

Or email alee@sd43.bc.ca if interested



Volunteers Needed to Serve @Community Dinners

Who? Students interested in culinary or hospitality field/experience

What? Help with Community Dinner (some prep, serve, set up and take down)

When? 4-7:30 PM, 3rd Wednesday every month

Where? St. Stephen's Church (near Lougheed Mall & Cameron Rec. Centre)

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: tmlum@hotmail.com



Lost and Found

Please come to the office to claim your lost items. We currently have the following:

- Airpods

Want to be a background actor for

SIGN UP WITH THIS FORM!



HWSS Fall Writing Contest

Congratulations to all the winners!

Look for our spring contest next semester! Big prizes! Random draws!



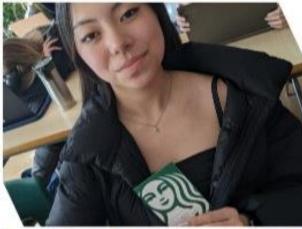
















CLUBS



BUSINESS CLUB

Hello Students of Heritage Woods! Would you be interested in:

- Discussing current events
- Analyzing Shark Tank Entrepreneurs
 - Stock Market Simulation Game
 - Case Studies

JOIN BUSINESS CLUB!!



Meeting on Wednesday November 13th in room 301 at lunch!!!





HALL@WEEN MOVIE @ LUNCH

Heritage Woods Film Club Friday, November 15th Room 104

Showing Hotel Transylvania 1 w/ free Popcorn and Candies!



CAREER







2025 Junior Firefighter Programs

School District No. 43 is partnering with **both**Coquitlam Fire Rescue and Port Moody Fire Rescue to
offer two different junior firefighting programs for 2025.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits in the fire service.

EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

PRACTICAL COMPONENT

Tests endurance and teamwork skills



Applications are open Nov. 1-Dec. 6, 2024

Scan the QR code or go to 43 careers.com

- The Coquitlam academy runs out of 1300 Pinetree Way.
- The Port Moody academy runs out of 150 Newport Drive.









Get on-set experience in Hallmark TV movie production with industry directors, writers, & actors.

- On Day 1, you'll take part in industry workshops and a table read as part of the pre-production process and on Day 2, the scene will be filmed. This is an incredible opportunity to gain practical experience that you can take with you into your career.
- WRITERS: Take part in a 2-hr 'Writing Holiday Movies' workshop for insight into how to write heartfelt, funny, and dynamic scenes & characters.
- • Write your version of the final page of the scene.
- The top 6 scripts will be chosen, followed by table reads; a group vote will determine which script is shot.
- ACTORS: Take part in a 2-hr 'Auditioning for Holiday Movies' workshop for insight into the look, tone, & acting technique required to book roles.
- Audition for your chance to play the supporting role in the scene.
- All other actors get to be extras on shooting day.
- **DIRECTORS**: Take part in a 1-hr 'Directing for Holiday Movies' workshop for insight into how to light, block, & direct actors.
- Craft and deliver a 20-second pitch for your chance to shadow the guest director during shooting day.
- https://vfs.edu/content/in-production-bootcamp-christmas-tv-movie.

Nov. 29 – Dec. 01 @ VFS Cost \$150



National Portfolio Day at Emily Carr University



- Looking for a particular type of art schools?
- Showcase your artistic evolution! Visit with counsellors, admissions team members, and faculty from art and design schools for a portfolio review before applying to colleges or universities.
- When Nov 16, 2024 9:30am 3:00pm
- Location On Campus
- Emily Carr University of Art + Design
- 520 E 1st Ave, Vancouver, BC, V5T 0H2 See on Map
- Open to Public? Yes
- Pre-register is available on the Emily Carr following side.
- https://www.ecuad.ca/events/national-portfolio-dayat-ecu

ATTENTION GRADE 12'S

Do you know how to send your Transcripts to Universities and Colleges?

An Information Session will be held on Friday November 15th @ Flex in the Theatre